



Cleveland AAYAT and friends at the 2006 End of the Year Dance Bash on November 4, 2006.



Youth from the Akron Chinese Christian Church playing for Final Jeopardy. What concentration!!!



Cleveland Intern, Lisa Zhou, presents to college students at Bo Loongs Restaurant in October.



Cleveland AAYAT interns and students from Case AAA playing "Tobacco Trivia".

Join us today!
 2006-07 AAYAT Internship
 Applications Now Available!

Visit us at www.aayat.org
 or e-mail us at
info@aayat.org



Asian American
 Youth
 Against Tobacco

AAYAT, c/o ASIA, Inc.
 730 Carroll St.,
 Akron, OH 44304

WE ARE HERE FOR YOU

Call and join us today by
 contacting your
 local AAYAT chapters.

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cleveland@aayat.org

Akron
akron@aayat.org

Columbus
columbus@aayat.org

Greater Dayton Area
dayton@aayat.org

Cincinnati
cincinnati@aayat.org

Asian Services in Action, Inc
 730 Carroll Street
 Akron, OH 44304
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Singing Our Way to a Smoke-Free Ohio

On October 27, 2006, the Cleveland chapter of AAYAT partnered up with the Asian American Alliance of Case Western Reserve University to host the 2nd Annual Smoke-Free Karaoke event at Bo Loongs Chinese Restaurant. The festivities included a presentation on the dangers of environmental tobacco smoke, information about Issue 5: SmokeFree Ohio, games, food, and, of course, lots of karaoke. The event was attended by over fifty area college and high school students and served as the kick off event for a year long partnership between AAYAT and the Asian American Alliance. The partnership will foster opportunities for mentoring and leadership development between students in both organizations. Asian American Alliance of Case Western Reserve University is an on-campus



student organization promoting cultural awareness, appreciation and fellowship. AAYAT would like thank the student leadership of AAA for all their hard work and support. You guys are awesome!!

spotlight

AAYAT would like to recognize the following organizations and individuals for their support over the past year.

- Asian American Alliance
- Akron Chinese Christian Church
- Ching Mer Maitreya Temple
- Winton Woods Community Coalition
- Joseph Hau
- Barbara Neuman
- American Cancer Society
- SmokeFree Ohio
- SmokeFree Kettering
- Cuyahoga County **stand**
- A-TEEM
- Dayton Korean SDA Church
- Smoke Free Collaborative of Columbus
- Hamilton County Tobacco Free Partnership
- Asian American Community Services
- Ohio Tobacco Prevention Foundation

Smoke-Free or Not to Be Smoke-Free?: AAYAT Collects Surveys from Asian Restaurants Around the State

On November 7, 2006, citizens across the state voted to make Ohio the 16th state nationally to adopt a statewide smoking ban, and defeated Issue 4, a constitutional amendment that would have overturned all current local smoke-free ordinances. During the months of October and November,

AAYAT conducted an informal survey of 302 patrons in various Asian restaurants around the state. The survey asked patrons their opinions about smoking in area restaurants and how smoking effects their dining decisions. Check out highlights from the survey below!

Gender: 54% 46%

Race: 71% White/Caucasian
 1% Hispanic/Latino
 21% Asian Pacific Islander
 6% Other
 1% Black/African American

Smoking Status:
 86% Non-Smokers
 14% Smokers

In the indoor dining areas of restaurants, do you think that smoking should be allowed in... '85
 All Areas 2% Some Areas 29% Not at All 69%

In bars and lounges, do you think that smoking should be allowed in... '85

All Areas 12% Some Areas 39%
 Not at All 48% No Answer 1%

Would you support a smoke-free ordinance in your community?

Yes 76% No 23% Neutral 1%

When making your dining decisions, how important is it to dine in a smoke-free environment?

Very Important – 56%
 Somewhat Important – 25%
 Neutral – 7%
 Not Important – 12%

AAYAT Signs Partnership to Take a stand!

Recently, AAYAT has signed a partnership with the **stand** Movement to take on Big Tobacco in Ohio. Over the coming year, we will be collaborating with **stand** youth all over Ohio to host events and get the message about tobacco and youth. Read more about ...

stand. It's an act, a thought, a moment, a movement. It's thousands of Ohio youth who are tired of seeing tobacco everywhere they look and watching family members, friends and peers suffer and die from tobacco related-diseases. It's thousands of Ohio youth who have mobilized to combat the effects of marketing by the tobacco industry, which spends approximately \$1 million a day targeting Ohioans.

The youth movement known as **stand** was launched in early 2002 with just 52 kids, representing the 52 Ohioans who die daily from tobacco-related diseases. Four years after its inception, **stand** has grown to nearly 75 Teams across the state. Each **stand** Team is made up of teens, youth leaders called Teen Advisory Panel (TAP) members, College-Age Mentors (CAMs) and at least one adult Advisor. These Teams take an active role in curbing tobacco use among their peers and in their communities through education, awareness building and advocacy activities and events.

You don't have to look hard to see **stand** in action. Over the years, more than 60,000 Ohioans have signed **stand** anti-glam petition (delivered to MTV this February), Teams have held hundreds of "No Smoking Section" events supporting smoke-free policies and countless educators and administrators across the state have donned "I'm a Model" buttons in support of 100 percent tobacco-free schools.

Impressively, **stand** youth conducted more than one million acts of activism in FY 2005 alone.

But, does all of this outreach and awareness amount to anything? YES! Results of independent surveys found that fifteen- to 17-year-olds who were aware of **stand** (unaided recollection of campaign themes, slogans or advertising) when first surveyed, were 75 percent less likely to try smoking than those unaware of **stand** after a similar time frame.

While **stand** has experienced impressive growth over the last four years, it has not been without the support of community, public health and statewide organizations. In the coming years, **stand** will outreach to organizations, businesses, and various thought leaders to help strengthen and build the movement for a tobacco-free generation.

So, if this sounds exciting to you—get involved! We'll get you in touch with the Team closest to you. Teams always appreciate support whether it's event supplies, meeting space, hanging an announcement/flyer in your place of business or participation in local activities... it is needed, appreciated and easy to get involved. Please contact Asian American Youth Against Tobacco, and help take a **stand**.

*Note: **stand** is supported by the Ohio Tobacco Prevention Foundation which receives funding from the 1999 Master Settlement Agreement from the tobacco companies.*

Dayton Chapter Runs Literature Drops for Smoke Free Ohio

The month of October was especially busy for the Dayton AAYAT chapter. Not only did we have four meetings in a row, we assisted Smoke Free Kettering with a family event, completed our final restaurant survey project, and also dropped educational flyers in a different neighborhood after each meeting.

We usually divided into two teams that each raced to deliver about 20 brochures. With each week the number of brochures increased; our delivery operation became faster and faster delivering up to 60 pamphlets in less than ten minutes. Word of our large, speedy delivery maneuver traveled; *(continued next page)*



Akron Chapter at ACCC

Dayton Chapter Runs Literature Drops for Smoke Free Ohio

(continued from previous page)

although we thought we were finished with our mission, the American Cancer Society asked us to do just one more drop the Sunday before the big election. This would be our biggest run yet and would be made into a public relations event. Once again we went to another neighborhood. This time we delivered 200 pamphlets with the biggest team of them all.



Dayton Lit Drop Team



Dayton intern, Mira Trivedi being interviewed for Dayton Smoke Free Ohio Lit-drop event.

Diane Butler Hughes who was a waitress and later contracted lung cancer, came and told us her story. Supriya's dad, Hermant Shah, M.D. who specializes in lung surgery also came to lend his support. The ACS sent a public relations representative and many of our parents were on hand as well. Best of all, just as we were finishing our delivery run, the news truck showed up. The rest is history. Our segment was aired multiple times in the hours before the election. It was a wonderful opportunity to make a difference to such an important cause.

Newsletter and Media Supports

Editorial Development: Jennifer Brindle, Joseph Hau, Office Management: May Chen and Staff Members, Contributing Writers: Statewide Interns and Members, Design and Graphics: JacQ Davis, Media Review: Surendra Bir Adhikari, PhD and Beth Schieber, OTPF, Funded By: The Ohio Tobacco Prevention Foundation, Advisory & Distribution: State and Regional Advisors.

Busy October for Akron Chapter

The Akron chapter of AAYAT was very busy during the months of October and November. On Friday, November 4, we partnered with the youth group at the Akron Chinese Christian Church to host a smoke-free celebration at Fun N Stuff Amusement Center in Macedonia. We presented a 30-minute interactive presentation on tobacco and Asian youth and played a "heated" game of Tobacco Jeopardy. The score was close until Final Jeopardy, but the girls team walked away victorious. Afterwards, we took over Fun N Stuff passing out tobacco information and playing games, including laser tag, mini-golf, video games, and go-karts. A big thanks to Todd Schreiner and the youth of the ACCC for a great event.

– By the Akron Chapter

Hitting The Beach in Cincy??

On September 3, 2006, the Cincinnati AAYAT Chapter embarked on a quest to recruit new interns and general members. First, the prospective members learned about AAYAT and listened to presentations on tobacco. Then, after eating and mingling, the 20 brave volunteers and 5 interns journeyed to The Beach waterpark. Although it was a sunless and a bit chilly, almost everyone participated in the fun water rides. Overall, it was a successful event: our presentations and adventure has sparked interest in Cincinnati to join AAYAT. For more information about joining AAYAT, check out our website at www.aayat.org to download an application or find meetings in your area.

– Audry Kang, Cincinnati Intern

Helpful Resources

stand – www.standonline.org

Asian Pacific Partners for Empowerment, Advocacy and Leadership (APPEAL)

– www.appealforcommunities.org

truth campaign – www.thetruth.com

Campaign for Tobacco Free Kids

– www.tobaccofreekids.org

Ignite – www.ignitegeneration.org

Centers for Disease Control and Prevention

– www.cdc.gov/tobacco

World Health Organization

– www.who.int/topics/tobacco/en